YFAMILY NIGHT

FREE! Come to the YMCA for an evening of free, fun family time. There is a theme each month with a special project in the lobby plus activities include swimming, basketball and racquetball. Try rock climbing while staff spot you in our climbing gym. Enjoy a swim in our large swimming pool with toys, a slide and a hot tub.

Who: Designed for families. This is not a child care program

but the YMCA does have preschool, extended child care by the hour, afterschool programs, day camp, overnight

camps and much more.

Where: Roque Valley Family YMCA

522 West 6th Street, Medford, OR 97501

When: The <u>third</u> Friday of every month

Come anytime between 6:00pm to 8:00pm!

Pool is open from 6:00pm to 8:00pm Rock wall is open from 6:00pm to 8:00pm

Fees: FREE, just come and use the YMCA

Ask for a tour if you want to join

Contact: (541) 772-6295

www.rvymca.orq

2019 Dates

January 18

February 15

March 15

April 19

May 17

June 21

July 19

August 16

September 20

October 18

November 15

December 20

Sponsored by:



Your Community Health Plan



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY