



14th Annual YMCA Jingle Bell Jog (or walk)

Join us for an easy 2.5 mile jogging tour of Medford's most beautiful Christmas light displays! There will also be a one-mile walking tour. Bring your friends and family for an evening of festive, fun fitness! You might like to stay after for coffee or hot chocolate at the Good Bean. We hope to see you there!



When:

Monday,
December 18, 2017
6:30pm

Where:

Meet in front of the Good Bean
In the Hillcrest Office Park
Near the intersection of
Hillcrest and North Phoenix Road

For more information: Contact Jeni Beck, Fitness Director
541-772-6295 x104; jbeck@rvymca.org

Please call the YMCA for updates if there is inclement weather.



YHEALTH & FITNESSTM