

**Rogue Valley Family YMCA
VOLUNTEER POSITION DESCRIPTION**

POSITION TITLE: Fitness Housekeeper

DEPARTMENT: Fitness

REPORTS TO: Fitness Center Supervisor

AGE REQUIREMENT: at least 16 years of age

TERM OF POSITION: short term or ongoing

HOURS OF POSITION: flexible days and hours

General Function

General housekeeping of YMCA Fitness Center and equipment; a necessary and valuable position in the care, maintenance, and aesthetics of the YMCA facility.

Know How

Candidate must be able to perform basic cleaning duties while maintaining a personable and friendly attitude.

Position Segments

Candidate will report to Fitness Center Supervisor to be assigned the tasks for the shift. Tasks may include cleaning cardio equipment, spin bikes, and weight machines; sanitizing exercise mats and yoga balls; laundering towels, vacuuming, sweeping, and cleaning windows and mirrors of general fitness areas.

I have read this position description and understand its contents.

Signature of volunteer

date