

Rogue Valley Family YMCA
VOLUNTEER POSITION DESCRIPTION

POSITION TITLE: Physical Education Assistant **TERM OF POSITION:** Sept – May
DEPARTMENT: Fitness **DAYS/HOURS OF POSITION:** Tuesdays and/or
REPORTS TO: Fitness Director Thursdays from 1:30 p.m. to 4:30 p.m.,
AGE REQUIREMENT: at least 16 years of age 3 - 6 hours per week

General Function

Assist coaches with YMCA Home School Physical Education class.

Know How

Candidate must work well with the adult coaches and the kids in the program.

Position Segments

Assist coach in setting up equipment for the activities of the day, assist coach during PE class as needed, and help put away equipment after class.

I have read this position description and understand its contents.

Signature of volunteer

date