

# YMCA Gym Schedule

Fall 2017

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
5:00-5:30								
5:30-6:00								
6:00-6:30								
6:30-7:00								
7:00-7:30								
7:30-8:00								
8:00-8:30								
8:30-9:00	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Open Gym		
9:00-9:30	ZUMBA		ZUMBA	Strong				
9:30-10:00	Reserved	Open Gym	Reserved	Open Gym	Reserved			
10:00-10:30	Open Gym		Open Gym	Reserved				
10:30-11:00	Open Gym	Open Gym	Open Gym	Open Gym				
11:00-11:30	Open Gym	Open Gym	Open Gym	Open Gym				
11:30-12:00	Open Gym	Open Gym	Open Gym	Open Gym				
12:00-12:30	Full Court Basketball	Full Court Basketball	Full Court Basketball	Full Court Basketball	Open Gym		Open Gym	
12:30-1:00								
1:00-1:30								
1:30-2:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
2:00-2:30	Reserved	Open Gym	Reserved					
2:30-3:00	Reserved	Open Gym	Reserved					
3:00-3:30	Reserved	Reserved	Reserved	Reserved	Reserved	Open Gym		
3:30-4:00								
4:00-4:30								
4:30-5:00	Y-Games	Reserved	Y-Games	Reserved	Y-Games			
5:00-5:30	Open Gym	ZUMBA	Open Gym	ZUMBA	Open Gym		Open Gym	
5:30-6:00								
6:00-6:30								
6:30-7:00	Open Gym	Open Gym	Reserved	Reserved	Open Gym			Open Gym
7:00-7:30								
7:30-8:00		Full Court Basketball	Open Gym	Open Gym				
8:00-8:30								
8:30-9:00								
9:00-9:30								
9:30-10:00								

**Open Gym** means that anyone can use the gymnasium and all games are half court, no full court games.