

# YMCA Gym Schedule

Fall 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
5:00-5:30								
5:30-6:00								
6:00-6:30								
6:30-7:00								
7:00-7:30								
7:30-8:00								
8:00-8:30								
8:30-9:00	Co-ed Boot Camp		Co-ed Boot Camp		Co-ed Boot Camp	Open Gym		
9:00-9:30	Reserved	Reserved	Reserved	Reserved	Reserved			
9:30-10:00	ZUMBA		ZUMBA		Strong			
10:00-10:30								
10:30-11:00	Reserved	Open Gym	Reserved	Open Gym	Reserved			
11:00-11:30								
11:30-12:00	Open Gym		Open Gym					
12:00-12:30	Full Court Basketball	Full Court Basketball	Full Court Basketball	Full Court Basketball				
12:30-1:00								
1:00-1:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
1:30-2:00								
2:00-2:30		Reserved		Reserved	Reserved			
2:30-3:00								
3:00-3:30	Reserved	Reserved	Reserved	Reserved	Reserved			
3:30-4:00								
4:00-4:30								
4:30-5:00	Y-Games	Reserved	Y-Games	Reserved	Y-Games			
5:00-5:30								
5:30-6:00	Open Gym	ZUMBA	Open Gym	ZUMBA	Open Gym			
6:00-6:30								
6:30-7:00	Open Gym	Open Gym	Reserved	Reserved	Open Gym			
7:00-7:30								
7:30-8:00								
8:00-8:30								
8:30-9:00			Full Court Basketball	Open Gym		Full Court Basketball		
9:00-9:30								
9:30-10:00								

**Open Gym** means that anyone can use the gymnasium and all games are half court, no full court games.