

# YMCA Gym Schedule

Spring 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
5:00-5:30								
5:30-6:00								
6:00-6:30								
6:30-7:00								
7:00-7:30								
7:30-8:00								
8:00-8:30								
8:30-9:00	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Open Gym  <i>This time (8-3) on Saturdays will be reserved for Youth Basketball until March 16 then it is Open Gym again</i>		
9:00-9:30	ZUMBA		ZUMBA	Strong				
9:30-10:00	Reserved	Open Gym	Reserved	Reserved	Open Gym			
10:00-10:30	Reserved		Reserved	Reserved				
10:30-11:00	Open Gym		Open Gym	Open Gym			Open Gym	
11:00-11:30		Reserved			Reserved			Reserved
11:30-12:00		Open Gym			Open Gym			Open Gym
12:00-12:30	Reserved		Reserved	Reserved				
12:30-1:00							Open Gym	
1:00-1:30		Open Gym			Open Gym			Open Gym
1:30-2:00	Reserved		Reserved	Reserved				
2:00-2:30						Reserved	Reserved	
2:30-3:00		Reserved			Reserved			Reserved
3:00-3:30	Reserved		Reserved	Reserved				
3:30-4:00						Reserved	Reserved	
4:00-4:30		Reserved			Reserved			Reserved
4:30-5:00	Y-Games		Y-Games	Y-Games				
5:00-5:30	Open Gym		ZUMBA	Open Gym		ZUMBA		
5:30-6:00		Open Gym			Reserved		Reserved	Open Gym
6:00-6:30								
6:30-7:00	Open Gym		Reserved	Reserved		Open Gym		
7:00-7:30		Open Gym			Full Court Basketball		Open Gym	Full Court Basketball
7:30-8:00								
8:00-8:30	Open Gym		Full Court Basketball	Open Gym		Full Court Basketball		
8:30-9:00		Open Gym			Full Court Basketball		Open Gym	Full Court Basketball
9:00-9:30								
9:30-10:00	Open Gym		Full Court Basketball	Open Gym		Full Court Basketball		

**Open Gym** means that anyone can use the gymnasium and all games are half court, no full court games.