

YMCA Gym Schedule

Summer 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
5:00-5:30							
5:30-6:00							
6:00-6:30							
6:30-7:00							
7:00-7:30							
7:30-8:00							
8:00-8:30	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Open Gym	
8:30-9:00							
9:00-9:30		ZUMBA	ZUMBA	Strong			
9:30-10:00		Reserved	Open Gym	Reserved	Open Gym		Reserved
10:00-10:30							
10:30-11:00							
11:00-11:30		Open Gym	Open Gym	Open Gym	Open Gym		Reserved
11:30-12:00							
12:00-12:30	Full Court Basketball	Full Court Basketball	Full Court Basketball	Full Court Basketball	Open Gym		
12:30-1:00							
1:00-1:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
1:30-2:00							
2:00-2:30							
2:30-3:00							
3:00-3:30							
3:30-4:00	Reserved	Reserved	Reserved	Reserved	Reserved		
4:00-4:30							
4:30-5:00	Y-Games	Reserved	Y-Games	Reserved	Y-Games	Open Gym	
5:00-5:30							
5:30-6:00	Open Gym	ZUMBA	Open Gym	ZUMBA	Open Gym		
6:00-6:30							
6:30-7:00	Open Gym	Open Gym	Reserved	Reserved	Open Gym		
7:00-7:30							
7:30-8:00							
8:00-8:30		Full Court Basketball	Open Gym	Full Court Basketball			
8:30-9:00							
9:00-9:30							
9:30-10:00							

Open Gym means that anyone can use the gymnasium and all games are half court, no full court games.