

# YMCA Gym Schedule

Winter 2017-18

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
5:00-5:30								
5:30-6:00								
6:00-6:30								
6:30-7:00								
7:00-7:30								
7:30-8:00								
8:00-8:30	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Reserved		
8:30-9:00								
9:00-9:30		ZUMBA	ZUMBA	ZUMBA			Strong	
9:30-10:00		Reserved	Open Gym	Reserved			Open Gym	Reserved
10:00-10:30								
10:30-11:00		Open Gym	Open Gym	Open Gym			Open Gym	
11:00-11:30								
11:30-12:00	Full Court Basketball	Full Court Basketball	Full Court Basketball	Full Court Basketball	Open Gym			
12:00-12:30								
12:30-1:00	Open Gym	Open Gym	Open Gym	Open Gym				
1:00-1:30								
1:30-2:00	Open Gym	Reserved	Open Gym	Reserved				
2:00-2:30								
2:30-3:00	Reserved	Reserved	Reserved	Reserved				
3:00-3:30								
3:30-4:00	Y-Games	Reserved	Y-Games	Reserved				
4:00-4:30								
4:30-5:00	Open Gym	ZUMBA	Open Gym	ZUMBA				
5:00-5:30								
5:30-6:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym			
6:00-6:30								
6:30-7:00								
7:00-7:30								
7:30-8:00								
8:00-8:30		Full Court Basketball	Open Gym	Full Court Basketball				
8:30-9:00								
9:00-9:30								
9:30-10:00								

**Open Gym** means that anyone can use the gymnasium and all games are half court, no full court games.