

YMCA Gym Schedule

Winter 2017-18

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
5:00-5:30						
5:30-6:00						
6:00-6:30						
6:30-7:00						
7:00-7:30						
7:30-8:00						
8:00-8:30						
8:30-9:00	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Reserved	Co-ed Boot Camp	Open Gym
9:00-9:30	ZUMBA		ZUMBA	Strong		
9:30-10:00	Reserved	Open Gym	Reserved	Open Gym	Reserved	
10:00-10:30	Open Gym		Open Gym	Reserved		
10:30-11:00	Open Gym	Open Gym	Open Gym	Open Gym		
11:00-11:30	Open Gym	Open Gym	Open Gym	Open Gym		
11:30-12:00	Open Gym	Open Gym	Open Gym	Open Gym		
12:00-12:30	Full Court Basketball	Full Court Basketball	Full Court Basketball	Full Court Basketball	Open Gym	
12:30-1:00	Open Gym	Open Gym	Open Gym	Open Gym		
1:00-1:30						
1:30-2:00	Open Gym	Open Gym	Open Gym	Open Gym		
2:00-2:30	Reserved	Reserved	Reserved	Reserved	Open Gym	
2:30-3:00	Reserved					
3:00-3:30	Reserved	Reserved	Reserved	Reserved		
3:30-4:00	Reserved	Reserved	Reserved	Reserved		
4:00-4:30	Reserved	Reserved	Reserved	Reserved		
4:30-5:00	Y-Games					Y-Games
5:00-5:30	Open Gym	ZUMBA	Open Gym	ZUMBA	Open Gym	
5:30-6:00						
6:00-6:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
6:30-7:00						
7:00-7:30						
7:30-8:00		Full Court Basketball	Open Gym	Full Court Basketball		
8:00-8:30						
8:30-9:00						
9:00-9:30						
9:30-10:00						

Open Gym means that anyone can use the gymnasium and all games are half court, no full court games.