



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Dear Chef Camp 2017 Campers,

I am so excited to spend a few days with your camper, next week. We will be meeting at the YMCA on Tuesday to go over trip details and get ready for our adventure. During this week of camp your camper will learn to plan and prepare meals both over traditional stoves and over the campfire. I am sure they will come home and could make you something that they learn at camp. The trip will begin with the campers and staff going over the menu for the week and then we will be headed to Food-4-Less to do the shopping for the entire trip. This week will help your camper understand the entire cooking process from shopping to prepping, prepping to cooking, and of course clean-up and dishes. This is sure to be a great week. We will begin cooking our first meal on Tuesday evening so Please make sure you pack a lunch on the first day.

Tuesday afternoon we will be heading out to Emigrant Lake to setup our base camp for the week. The entire trip will be over seen by YMCA staff. We will be camping each night Emigrant Lake Oak Slope Campground. If your camper has any special medical conditions or food issues please contact Gary Taylor so that we can plan all meals and activities appropriately.

Please be at the YMCA Main Facility (522 West Sixth Street, Medford, OR 97501) on Tuesday July 18 at 8:00am, we will be returning to the YMCA on Thursday July 20 at 5:00pm. Parents are encourage to join us Thursday at Emigrant Lake at 2:30pm to enjoy a meal prepared by the campers but you must RSVP for this at drop off so the campers can make plans for amounts as they go shopping. Please make sure you pack all the items listed below, eat a complete breakfast before dropping off and pack a sack lunch for the first day. The YMCA will be providing all food (except lunch the first day), camping, and group equipment needed for this adventure. You will also need to bring a completed overnight camp health form which can be found on the website (www.rvymca.org).

Any questions or concerns contact to Gary Taylor, 541-210-6147 or gtaylor@rvymca.org.

Sincerely,
Gary "Flame" Taylor
Camp & Sports Director

Packing List

This list is only a suggested list of the items that you will need, if you do not see something on this list and you think you need it make sure to pack it as well.

DON'T FORGET TO LABEL YOUR BELONGINGS!

(over)

Bedding:

sleeping bag and pillow

Clothing:

2 pair of pants

3 pairs of shorts

Swimsuit (2 might be nice)

2 pairs of shoes –

Flip Flops or sandals and a
closed toed pair please

5 t-shirts

1 sweatshirt

5 pairs underpants and socks

1 pair of PJ's or something to sleep in
bag for dirty clothes

Personal Items:

deodorant

lip balm

SUNSCREEN

bug repellent

toothbrush and toothpaste

1 towel

Other Items:

flashlight (fresh batteries)

water bottle

sunglasses

small backpack for day use

disposable camera

Climbing Harness (Optional)

Climbing Shoes (Optional)

Please pack in soft bags, no hard shell suitcases or bags, it makes it easier to pack everyone's stuff together.