

Dear Summit Camp 2016 Campers,

I am so excited to spend a few days with your camper as we stand atop a 10,000 foot mountain! We will be meeting at the YMCA on Tuesday to go over trip details and get ready for our adventure. During this week of camp your camper will understand that accomplishments don't all come easy. They will be hiking 6 miles up hill but I am sure they will come home still talking about what they saw from up there. Please make sure you pack a lunch on the first day, all other meals will be provided.

Tuesday we will be heading out to Four Mile Lake and the base of Mt. McLoughlin to setup our base camp. The entire trip will be over seen by YMCA staff. We will be camping and cooking each night. If your camper has any special medical conditions or food issues please contact Gary Taylor so that we can plan all meals and activities appropriately.

Please be at the YMCA Main Facility (522 West Sixth Street, Medford, OR 97501) on Tuesday July 19 at 8:00am, we will be returning to the YMCA on Thurs July 21 at 5:00pm. Please make sure you pack all the items listed below, eat a complete breakfast before dropping off and pack a sack lunch for the first day. The YMCA will be providing all food (except lunch the first day), camping, and group equipment needed for this adventure. You will also need to bring a completed overnight camp health form which can be found on the website ([www.rvymca.org](http://www.rvymca.org)).

Any questions or concerns contact to Gary Taylor, 541-210-6147 or [gtaylor@rvymca.org](mailto:gtaylor@rvymca.org).

Sincerely,

Flame "Gary Taylor"  
Camp & Sports Director

### **Packing List**

This list is only a suggested list of the items that you will need, if you do not see something on this list and you think you need it make sure to pack it as well.

**DON'T FORGET TO LABEL YOUR BELONGINGS!**

#### **Bedding:**

sleeping bag and pillow

#### **Clothing:**

2 pair of pants

3 pairs of shorts

Swimsuit (2 might be nice)

2 pairs of shoes –

Flip Flops or sandals and a

closed toed sturdy pair please

4 t-shirts

1 sweatshirt

5 pairs underpants and socks

1 pair of PJ's or something to sleep in

bag for dirty clothes

**Please pack in soft bags, no hard shell suitcases or bags, it makes it easier to pack everyone's stuff together.**

#### **Personal Items:**

deodorant

lip balm

**SUNSCREEN**

bug repellent

toothbrush and toothpaste

1 towel

#### **Other Items:**

flashlight (fresh batteries)

water bottle

sunglasses (Optional)

small backpack for day use

disposable camera (Optional)