

YMCA Gym Schedule

Fall 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-5:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
5:00-5:30						
5:30-6:00						
6:00-6:30						
6:30-7:00						
7:00-7:30						
7:30-8:00						
8:00-8:30						
8:30-9:00	Co-ed Boot Camp		Co-ed Boot Camp		Co-ed Boot Camp	Open Gym
9:00-9:30	Reserved		Reserved		Reserved	
9:30-10:00	ZUMBA		ZUMBA		Reserved	
10:00-10:30					Reserved	
10:30-11:00	Reserved		Reserved		Reserved	
11:00-11:30					Reserved	
11:30-12:00		Open Gym		Open Gym		
12:00-12:30						
12:30-1:00						
1:00-1:30	Open Gym		Open Gym		Open Gym	
1:30-2:00						
2:00-2:30		Reserved		Reserved		
2:30-3:00						
3:00-3:30	Reserved	Reserved	Reserved	Reserved	Reserved	Open Gym
3:30-4:00						
4:00-4:30		Reserved		Reserved		
4:30-5:00	Y-Games		Y-Games		Y-Games	
5:00-5:30						
5:30-6:00	Open Gym	ZUMBA	Open Gym	ZUMBA	Open Gym	
6:00-6:30						
6:30-7:00		Open Gym	Reserved	Open Gym		
7:00-7:30						
7:30-8:00						
8:00-8:30	Open Gym				Open Gym	
8:30-9:00		Full Court Basketball	Open Gym	Full Court Basketball		
9:00-9:30						
9:30-10:00						

Open Gym means that anyone can use the gymnasium and all games are half court, no full court games.