



Dear Coastal Camp 2019 Families,

I am so excited to spend next week at the coast with your camper. We will be meeting at the YMCA on Monday to go over trip details and pack for our adventure. This week we will fly some kites, dig for clams, try catching some crabs, explore tide pools and just enjoy all that is at the Oregon Coast. We will drive Up I-5 to Winston and then over to Coos Bay area. The entire trip will be over seen by YMCA staff. We will be camping each night at Sunset Bay State Park. If your camper has any special medical conditions or food issues please contact Gary Taylor so that we can plan all meals and activities appropriately. I look forward to going coastal with your campers next week.

Please be at the YMCA Main Facility (522 West Sixth Street, Medford, OR 97501) on Monday August 12th at 8:00am, we will be returning to the YMCA on Friday August 16th at 5:00pm. Please make sure you pack all the items listed below, eat a complete breakfast before dropping off and ***pack a sack lunch for the first day***. The YMCA will be providing all food (except lunch the first day), camping, and group equipment needed for this adventure. You will also need to bring a completed overnight camp health form which is attached to this email or can be found on the website (www.rvymca.org).

Any questions or concerns contact Gary Taylor, 541-210-6147 or gtaylor@rvymca.org.

Sincerely,

Flame "Gary Taylor"
Camp & Sports Director

Packing List

This list is only a suggested list of the items that you will need, if you do not see something on this list and you think you need it make sure to pack it as well.

DON'T FORGET TO LABEL YOUR BELONGINGS!

Bedding: sleeping bag and pillow

Clothing:

- 3 pair of pants
- 4 pairs of shorts
- Swimsuit (2 might be nice)
- 2 pairs of shoes –
Flip Flops or sandals and a closed toed pair
- 5 t-shirts
- 1 sweatshirt
- 7 pairs underpants and socks
- 1 pair of PJ's or something to sleep in bag
for dirty clothes

Personal Items:

- deodorant
- lip balm
- SUNSCREEN
- bug repellent
- toothbrush and toothpaste
- 2 towels

Other Items:

- flashlight (fresh batteries)
- water bottle
- sunglasses
- small backpack for day use
- disposable camera
- Lunch for the first day***

Please pack in soft bags, no hard shell suitcases or bags, it makes it easier to pack everyone's stuff together.