

Boy Scout Merit Badges

Complete these Boy Scout merit badges at the YMCA facility:



Athletics – Use the YMCA swimming pool, gymnasium and fitness center to test swimming, basketball shooting and weight training.



Climbing – Use the YMCA climbing gym to learn knots, harnesses, belaying, climbing and rappelling.



Lifesaving – Use the YMCA swimming pool and rescue equipment to practice reaching, throwing and equipment-based rescues.



Personal Fitness – Use the YMCA fitness center to complete aerobic fitness, flexibility, muscular strength, and body composition tests.



Swimming – Use the YMCA swimming pool and personal floatation devices to practice survival skills, strokes and competitive swimming skills.

Fees:

\$5 for youth & teens (ages 7-20) for a single visit

\$25 for youth & teens (ages 7-20) for a monthly membership

\$125 for private use of the pool or climbing gym for 2 hours (up to 25 people)

- No charge for volunteer adults leading a group

Contact:

Jen Cook, Membership Coordinator

Rogue Valley Family YMCA

522 West Sixth Street, Medford, OR 97501

541-772-6295 x103; membership@rvymca.org

- Learn more at www.rvymca.org



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**