

Collaborative Problem Solving®

CPS Parent Group

Help for adults raising kids with challenging behaviors

Medford, OR

Facilitated by:

Dr. Jennifer Henderson
CPS Certified



DATES:

September
4th, 11th, 18th, 25th
2019

Please Attend All

TIME:

5:30-7:00 pm

LOCATION:

Rogue Valley YMCA
Medford, OR

Disclaimer: This facilitator is CPS Certified and receives ongoing supervision from Think:Kids. This group is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH). Information shared by the facilitator reflects their best understanding of the CPS approach.

Think:Kids is a program in the Department of Psychiatry at MGH.

Additional resources can be found at:
www.thinkkids.org



- **Learn the Collaborative Problem Solving® approach & effective ways to reduce conflict**
- **Build skills & confidence in using the CPS approach**
- **Network & share information about community resources**
- **Develop new understanding of challenging behavior & learn new ways to help your child**
- **Rethink conventional approaches to behavioral difficulties and strengthen relationships**
- **Gain support from other parents**

The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/ youth/ young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.

To Register/Learn More:

email: admin@jhendersoncounseling.com

****SPACE IS LIMITED ****



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY