



PHYSICAL EDUCATION

This program is designed to meet the physical education needs of children ages 8 to 12 while focusing on building physical fitness and enhancing skill development with age appropriate games and activities. All participants must wear face coverings.

When: Tuesdays and Thursdays
2:00 to 3:00 pm
October 6 through October 29, 2020

Where: Rogue Valley Family YMCA gymnasium
522 West Sixth Street
Medford, OR 97501

Cost: This class is included with YMCA membership.

Registration is required and class is limited to 20 children

Contact: Jeni Beck, Fitness Director
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